

Twisters Gymnastics Protocols for Reopening

If/When additional guidelines or restrictions are announced, this document will be updated.

Please note that if your child (or any member of your family) is sick or has been exposed to someone who is sick, please stay home. We will be offering extra make ups to accommodate this change.

Face covering Guidelines-

- Twisters Gymnastics will require masks to be worn by everyone while entering and exiting the facility.
- Students participating in classes will NOT be required to wear masks.
- All parents and employees will be required to wear a face mask while in the facility.

Class Capacity-

- Twisters Gymnastics will offer smaller class sizes and modified lesson plans to allow safe distance between groups and instructors.
- During class, small mats and equipment will be used in limited capacity and sanitized after each hour.

Social Distancing-

- All Students must stand 6 feet apart during warm ups and when in common areas.
- There will be no gathering of students.
- Designated rooms to store belongings at a safe distance will be in place.
- Students will avoid contact with other students. (No handshakes, hugs, etc.)
- Staff will maintain a safe distance from students. (No high fives, handshakes, etc.) Limited spotting will take place during class time.

Student Safety-

- Students must bring in a labeled water bottle only.
- Students will not be able to use the water fountain during class.
- Students will not be allowed to bring in outside food or have access to the vending machine.
- Please encourage your child to use the bathroom at home before coming to class. Bathrooms will be open and cleaned regularly, however we would prefer to not use them if possible.

Drop Off Procedure-

- Please arrive on time but not too early for your child's class.
- Please wait just outside your car with your child. Instructors/office staff will come to you for temp checks and attendance.
- Temperature checks will be done on anyone entering the building.
- If temperature is 100.4 degrees or above you will not be permitted to enter the facility.
- Students will be brought into the building by their instructor.
- Students ages 4 and under will be allowed 1 parent inside during class if needed. (Parents must wear masks while in the building.)
- Students ages 5+ will go into class with their instructor only.
- Parents and siblings will have to remain outside of the building.
- Hand sanitizer will be required before and after class.
- While outside please maintain social distancing.

Pick Up Procedure-

- Please make sure you are on time for the dismissal of your child
- Students will be escorted outside by their instructor and released to their parents. Please stand right outside your car in the parking lot to meet your child. Do not come to the door or inside for pick up.

Employee Protocols-

- All employees will have their temperature checked before entering the facility.
- Any employees that have a temperature of 100.4 degrees or above will be sent home.
- All employees will wash their hands before and after each class.
- Employees who are teaching classes will dispense hand sanitizer to all students after every rotation.

Facility Cleaning-

- EPA registered cleaning products will be used to clean throughout the gym.
- All surface areas will be disinfected before/after each class.
- Hand sanitizers will be placed throughout the facility.
- Entrance and exit points in the facility will be sanitized constantly.
- When possible, doors will be propped open to prevent excess handling.
- Equipment will be sanitized after each class.
- Restrooms and hard surfaces will be cleaned every 30 minutes.